

# TUCSON WELLNESS EXPO

**ADOT TUCSON**  
1221 South 2<sup>nd</sup> Avenue  
Friday, June 19<sup>th</sup>

## HEALTHWAVES

8:00am – 12:00pm

Tucson District Conference Room

*Healthwaves* 

Screenings:

Mini Health, Skin Cancer, Osteoporosis, Prostate Cancer, and more!

No appointments needed. Earn up to 200 HIP points!

## HIP OVERVIEW SESSION

8:00am – 8:45am or 9:00am – 9:45am

10:00am – 10:45am or 11:00am – 11:45am

12:00pm – 12:45pm

Tucson Training Center

Learn about your wellness benefits and the Health Impact Program (HIP).

To register, contact Kayla Agelastos at [Kayla.Agelastos@azdoa.gov](mailto:Kayla.Agelastos@azdoa.gov) or 602-364-0803. Earn 50 HIP points!

**Benefit Options**  
Choice Value Health

**Wellness**  
Benefit Options  
Health Impact Program (HIP)

Arizona Department of Administration  
Human Resources Office  
Benefit Services - Wellness

[wellness@azdoa.gov](mailto:wellness@azdoa.gov) or 602-771-9355  
[benefitoptions.az.gov/wellness](http://benefitoptions.az.gov/wellness)  
[bewellstaywell.az.gov](http://bewellstaywell.az.gov)