

## **FREQUENTLY ASKED QUESTIONS ABOUT 2009 FLU SHOT PROGRAM**

### **Can spouses and dependents get their flu shots at worksite events?**

The Wellness Program suggests a public flu clinic offered by Healthwaves or one of the designated family days as an alternative the worksites. Benefit Options Wellness cannot say whether spouses and dependents are allowed in worksites. Someone with authority at the event location must decide if spouses and dependents may come into the worksite to receive their flu shot due to security/access issues. Spouse and/or dependent attendance is at the discretion of the event contacts. Remember, only spouses and dependents age 9 and over who are on the Benefit Options insurance plan are eligible for free flu shots.

### **How do non-eligible employees, spouses and dependents (age 9 and over) pay for their flu shot?**

Any non-eligible person who wants to receive their flu shot should bring \$30 cash or check (payable to Healthwaves) to the event. Non-eligible employees include any employee who has not been offered Benefit Options insurance. These include temporary and contracted employees (including clerical pool) as well as volunteers and employees who work under 20 hours. Spouses and dependents (age 9 and over) who are NOT on Benefit Options insurance are also NOT eligible for a free flu shot. They can get a flu shot at any valid location by bringing \$30 cash or check (payable to Healthwaves).

**What does “Benefit Options insurance” mean?** Benefit Options is the State's benefits program for employees. There are many options under this program such as medical, dental and vision coverage. Employees must bring their Benefit Options insurance card and/or State badge to the flu shot events, which means you must bring your State of Arizona medical insurance card. All medical insurance cards have a Benefit Options logo on them no matter which plan you chose.

### **Will the worksite schedule be changed or updated?**

Yes, the worksite schedule posted on the Benefit Options Wellness website is subject to change as some events may need to be rescheduled. The list will be updated as often as needed. It is for this reason; we discourage people from printing the schedule (only once). If you do print the schedule, be sure to check the schedule again prior to going to a worksite event.

### **Will Benefit Options Wellness be offering the H1N1 flu vaccination?**

No, the Benefit Options Wellness flu vaccine program is for seasonal flu vaccines only at this time. The Department of Health Services is working to develop a plan to vaccinate state employees with the H1N1 vaccine at a later date. In the event more H1N1 vaccine becomes available, Benefit Options and DHS may partner to offer H1N1 clinics.

**Where can I get an H1N1 flu vaccine if Benefit Options is not providing them?**

Many doctors offices will have access to the H1N1 flu vaccines before the Benefit Options Wellness program. If you are in one of the High risk groups, please consult your doctor about when, where, and how to receive an H1N1 vaccination.

**Where can I find more information about the H1N1 flu vaccinations.**

There are many resources available online which offer H1N1 information. You may consider accessing one of the following websites:

Center for Disease Control website: [www.cdc.gov](http://www.cdc.gov)

Arizona Dept. of Health Services: [www.azdhs.gov](http://www.azdhs.gov)

Or you can call the Arizona Dept. of Health Services H1N1 Hotline at: 602-364-4500 or toll free at: 1-800-314-9243