

## CONTENT AREA

Register for the Health Impact Program (HIP) to enter into a drawing to win an iPad.

## ANNOUNCEMENT

Benefit Options Wellness is now offering the opportunity to win one of six free Apple iPads, donated by Arizona State Credit Union. Benefits eligible employees who register for the Health Impact Program (HIP) on the Mayo Clinic Healthy Living portal from October 1, 2014 to September 30, 2015 will automatically be entered into a monthly iPad drawing. Visit [www.bewellstaywell.az.gov](http://www.bewellstaywell.az.gov) to get started!

Benefits eligible employees can still register for HIP and receive up to \$200 at the conclusion of the program period. The program runs continuously from October 1, 2014 to September 30, 2015. Please remember the following eligibility requirements for successful completion of HIP:

- Participants are required to self-report eligible HIP activities on the Mayo Clinic Healthy Living portal. All activities must be completed from October 1, 2014 - September 30, 2015.
- Participants must log points in all three of the HIP categories: Activity/Exercise, Preventive Screenings, and Nutrition/Other.
- Fitness class/Sport team participation, Gym membership, and Race participation activities may be subject to verification by the participant. Please retain written proof of these activities for your records.

Get started today by registering on the [Mayo Clinic Healthy Living](#) online portal and visit [Benefit Options Wellness](#) for complete HIP program information.

For questions regarding the Health Impact Program, please contact [wellness@azdoa.gov](mailto:wellness@azdoa.gov) or 602-771-9355.

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