



national  
**women's**  
**health** week



**MAY 9 – 13, 2011**  
**Arizona State Capitol**

**Monday, May 9**

10:00am to 2:00pm

Health Screenings & Exhibit Fair

FREE Health Screenings for State Employees: Cholesterol, Glucose, Facial Skin Analysis, Osteoporosis

**Tuesday, May 10**

10:00am to 2:00pm

Health Screenings & Exhibit Fair

FREE Health Screenings for State Employees: Cholesterol, Glucose, Facial Skin Analysis, Osteoporosis

10:00am to 4:00pm

Mobile On-site Mammography (MOM): For appointments call (480) 967-3767

12:00pm – 1:00pm

Body Image Presentation & Physical Activity Demonstration

**Wednesday, May 11**

12:00pm – 1:00pm

Women's Mental Health Wellness & Demonstration

**Thursday, May 12**

11am – 11:45am P.E.A.C.E. Project – Youth Performing Troupe

12:00pm – 1:00pm

Fit Bones for Life Presentation & Weight-bearing Exercise Demonstration

**Friday, May 13**

11:00am

Celebration Walk

Join a multi-agency walk around the Capitol Mall

Meet at the 911 Memorial in Wesley Bolin Plaza

Brought to you in partnership by the Arizona Department of Health Services and the Arizona Department of Administration